



## **BULLYING LEGISLATION EDUCATION OFFERINGS**

### **Faculty: School Bullying – Becoming Compliant / Recognition and Response:**

This course is offered for school faculty and is designed to satisfy training requirements as set forth in recent “Anti-Bullying” legislation. This workshop will cover the following topics:

- Faculty’s Role And Responsibilities Under The Bullying Legislation.
- Psychological Factors Surrounding The Issues Of Bullying From The Various Roles Within The Bullying Dynamic:
  - Victim
  - Aggressor
  - Bystander
- Techniques For Identifying Bullying Behavior And Distinguishing It From “Normal Social Conflict” Or Teasing.
- Suggestions For Faculty Response To Bullying Incidents – Balancing Legislation With Discretion.
- Strategies For Educating Students.
- Recognizing the Potentially Violent / Suicide Risk Student (Introduction – Part of a Larger Presentations.

Length: 90 - 120 minutes with time allotted for questions.

### **Faculty: Recognizing the Potential for Suicide and/or Violence in Today’s Student:**

One of the primary steps toward the prevention of school violence and teen suicide is in early recognition. Toward that end, this workshop will cover the following:

- An Analysis Into The Causation Of Suicide And Violence Among Today’s Youth:
  - Exposure To Violence – Media / Internet
  - Normalized Violent / Sexually Deviant Behavior
  - Exposure To Death – Media / Internet / Gaming
- The Psychology Of The Violent And Suicidal Youth.
- An Analysis Of The Warning Signs, Including Social Interactions, Classroom Behavior, Online Activity And Behavior, And Others Will Be Discussed
- Options For Intervention Will Also Be Presented.

Length: 60 - 90 Minutes with time allotted for questions.

### **Bullying Specialists: Conducting An Investigation Into A Bullying Incident:**

With the recent passing of New Jersey’s Anti Bullying Legislation, schools are now mandated to institute a district-wide Bullying Coordinator and each school is required to have a Bullying Specialist. As part of this mandate, investigations must

be conducted into each bullying incident. This course is geared for the above positions as well as school administrators and any faculty member who may be asked to assist in a bullying investigation. It will cover:

- Responsibilities Under the Legislation
- Steps For Conducting An Investigation
- Interviewing Techniques - Eliciting the Truth From Children
- When To Involve And Working With Law Enforcement
- Documenting Incidents
- Reporting to the Board of Ed and The State

### **Bullying – A Workshop For Students**

This workshop begins by defining bullying behavior in a way that kids can understand. The following three roles will be addressed in the program:

- **The Bully:** The program will cover what constitutes bullying and the consequences to these actions.
- **The Victim:** Coping skills will be discussed and methods for getting help will be presented.
- **The Bystander:** The student will learn techniques for passively or actively intervening when witnessing

It then explains the “legal” and disciplinary consequences of their actions. Students are presented with appropriate options and responses if they or their peers are in crisis. The workshop discusses options for passive and active responses to bullying behavior.

Presentations can be customized to any age group but we offer the following recommendations:

- Grouping 9<sup>th</sup> and 10<sup>th</sup> Grade
- Grouping 7<sup>th</sup> and 8<sup>th</sup> Grade
- Minimum Age of Audience – 5<sup>th</sup> Grade (Depends on Maturity Level and Problems the School is Experiencing).

Length: 45-75 minutes depending on period allotment.

### **A Parents Road Map to Protecting Their Children**

In an effort to educate and empower parents to keep a better watch over their children, the following presentation is being offered: A Parents Road Map to Protecting Their Children. During this 90-minute presentation, parents will learn of the following danger areas:

- Online Sexual Predators Lurking in Homes
- Access to Pornography – Intentional and Unintentional
- Bullying – Legislation Repercussions
- Online Aggression (Cyber Bullying) – What to do if your child is the victim or the aggressor.

- Dangers of Posting Personal Data and Online Stalking (Think Before You Allow Your Child to Post or
- Online Addictions
- Sexting (Self Produced Promiscuous Photos)
- Irresponsible Technology Usage
- Psychological Fallout From Inappropriate Usage and Exposure
- Warning Signs of Violent Or Suicidal behavior

After being made aware of the dangers, parents will learn the tools to fight back. Among the tools presented to parents are the following:

- Technology Monitoring Options (Computer and Mobile Phone) – Keeping an Eye On Your Childs Online Activity
- Designing Appropriate Usage of Technology for Your Family
- Dealing With Psychological Repercussions of Exposure and Constant Connectedness
- Techniques for Communicating With Children About Technology Dangers
- What To Do If You Have an Incident – Where to Go for Help

Length: 90 - 120 minutes with time allotted for questions.

## **ADDITIONAL OFFERING:**

### **Internet and Technology Safety – A Road Map to Protecting Children**

#### **Faculty Program:**

In today's technological age, school faculty faces a daunting task of teaching and mentoring children free of constant negative influence. Access to undesirable people and information is prevalent and extremely difficult to monitor. This is exacerbated by the fact that most kids are more proficient and comfortable with technology than adults. Consequently, faculty members need to educate themselves on the danger today's children face from this constantly connected online world.

In an effort to educate and empower teachers and other faculty to keep a better watch over children the following presentation is being offered: Internet and Technology Safety – A Road Map to Protecting Children. During this 60 to 90 minute presentation, faculty will learn of the following danger areas:

- Online Sexual Predators
- Access to Pornography – Intentional and Unintentional
- Online Aggression (Cyber Bullying)
- Dangers of Posting Personal Data and Online Stalking
- Online Addictions
- Sexting (Self Produced Promiscuous Photos) - **Response Plan presented**

- Irresponsible Technology Usage
- Psychological Fallout From Inappropriate Usage and Exposure and its Effect on Student Behavior

After being made aware of the dangers, faculty will learn the tools to fight back.

Among the tools presented are the following:

- Dealing With Psychological Repercussions of Exposure and Constant Connectedness
- Techniques for Communicating With Children About Technology Dangers
- What To Do If You Have an Incident – School Response

Length: 90 - 120 minutes with time allotted for questions.